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- Most common problems among young people: drugs, alcohol and tobacco.
 - Are drugs condemned in the Bible? *Gal. 5:19-21*
 - Alcohol is clearly condemned. *Prov.* 23:29-35
 - Tobacco, although not explicitly condemned, it is in principle. 1 Cor. 6:19-20
 - They all rob you of your clarity of mind. 1 Pet. 1:13-16, 5:8; 1 Thess. 5:5-6

- Why do young people begin to do these things?
 - To find relief from peer pressure.
 - 1 Pet. 4:4-5
 - **■** To escape from problems.

Phil. 4:6-7

- What these things can do to you:
 - Physically, lose control. *Job* 12:24-25
 - Mentally, lose ability to reason. Isa. 28:7-8
 - Morally, lose all sense of right. *Prov.* 20:1
 - Spiritually, our relationship with God is damaged. *Eph. 5:18*

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